

# HITRUST

## Program Catalog

**HITRUST**  
Authorized External Assessor

**ecfirst**



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### HITRUST Certification Readiness

**HITRUST** | **ecfirst**



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HITRUST is a dynamic framework. It's a living, breathing organism, and evidence of that is in the dozens of authoritative sources utilized. Frequent updates to the CSF demonstrate that the HITRUST thought leadership is not just industry-centric, but industry-neutral. It's not just America-centric, but global. With the e1, i1, and traditional r2 HITRUST certification options, organizations now have a credible, evidence rich framework to align their cyber and compliance strategy with their business drivers.

”

**e1**  
**HITRUST**  
CERTIFIED

**i1**  
**HITRUST**  
CERTIFIED

**r2**  
**HITRUST**  
CERTIFIED



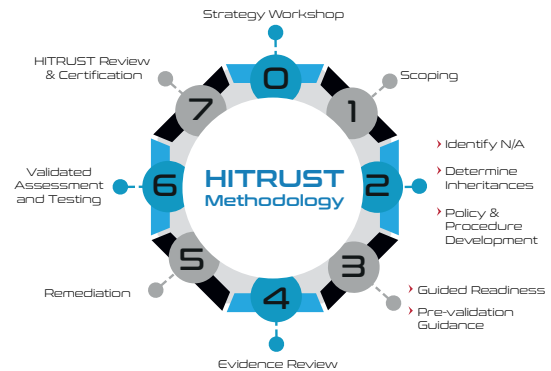
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ecfirst is one of the few HITRUST External Assessment Organizations to achieve HITRUST Certification for our own company.

## Signature Methodology



## Devoted to Client Success

## HITRUST Assessor Council

Member, AI Committee

HITRUST Commitment

**COLLABORATE**<sup>24</sup>  
CHARTING THE PATH FORWARD

**ISACA**  
CONFERENCE

## HITRUST Thought Leadership

## Knowledge Transfer

At every step ensures cost and time efficiency

Frequent updates and Touch-point calls

## Weekly HITRUST Status

## Single Point-of-Contact

For HITRUST Engagements

HITRUST Queries

## Swift Team Response

## Flexible Terms

**e1 · i1 · r2 · AI**



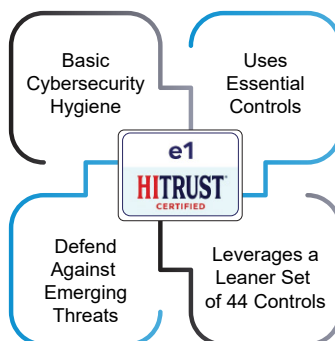
Monthly Payment

Multi year Engagement

Flat Price

### e1 Essentials

Essentials, 1-year (e1) Validated Assessment Foundational Cybersecurity



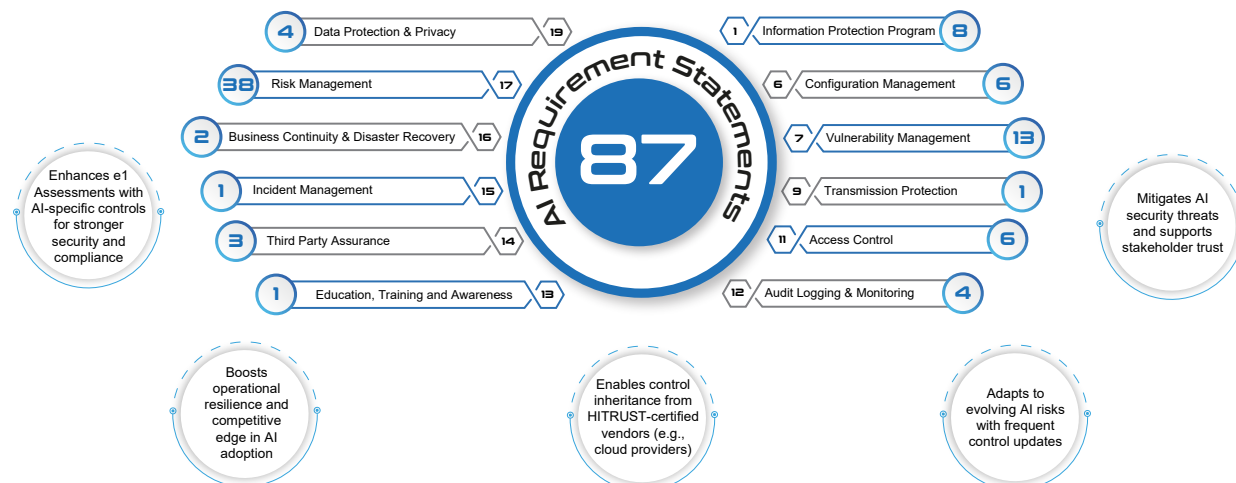
### HITRUST e1 and HIPAA

- ✖ Aligns with HIPAA Security Rule  
*Provides essential controls for securing ePHI*
- ✖ Covers access control, audit logging, data integrity, and transmission security
- ✖ Ideal for Small Organizations
- ✖ Cost-Effective
- ✖ Ensures Structured Policies
- ✖ Supports mitigation and compliance with HIPAA core requirements
- ✖ Provides evidence-based confirmation of HIPAA alignment

#### Requirement Statements

	BA	CE
HIPAA Privacy, Security, and Breach	130	220
HIPAA Security and Breach	115	118
HIPAA Privacy and Breach	175	171
HIPAA Privacy and Security	125	215
HIPAA Privacy	67	154
HIPAA Security	109	108
HITECH Breach	51	55

### HITRUST e1 and AI



### i1 Key Highlights

- ✖ Leading security practices with HITRUST-curated controls
- ✖ Reliable assurance against evolving cyber threats
- ✖ Threat-adaptive controls aligned with HITRUST assessments
- ✖ Operational maturity through pre-set control requirements
- ✖ Flexible implementation with carve-outs and third-party inclusions

### i1 Compliance Mandates



### i1 Requirements

Domain		
1	Information Protection Program	15
2	Endpoint Protection	7
3	Portable Media Security	6
4	Mobile Device Security	6
5	Wireless Security	7
6	Configuration Management	9
7	Vulnerability Management	12
8	Network Protection	9
9	Transmission Protection	9

Domain		
10	Password Management	6
11	Access Control	21
12	Audit Logging & Monitoring	9
13	Education, Training, and Awareness	6
14	Third Party Assurance	8
15	Incident Management	7
16	Business Continuity & Disaster Recovery	10
17	Risk Management	10
18	Physical & Environmental Security	15
19	Data Protection & Privacy	10



### HITRUST i1 Rapid Certification

Organizations must have an i1 Validated Assessment with Certification and a full MyCSF subscription. Lite Bundle users must upgrade to a Professional subscription.

#### Scope

Includes all current i1 requirements, with some scores carried over. Evaluates new requirements (if applicable), a sample of 60 prior requirements, and N/A statements. Optional updates for non-required statements.



#### Timeline



Eligibility Questionnaire becomes available.

Assessment object auto-generated in MyCSF, with a **30-day** planning period and a **90-day** fieldwork period.



r2 Key Highlights

Comprehensive Controls

Up to 250 aligned with major standards

Customizable

Select controls based on risk and compliance needs

HIPAA & NIST CSF Reporting

Automated evidence collection and compliance reports

Proven Assurance

Transparent results for stakeholder confidence

Control Inheritance

Reuse prior assessments and cloud provider assurances

Efficient Remediation

Identify and fix control gaps

HITRUST r2 Certification

International Data Protection Regulations

EU GDPR

Singapore PDPA

HIPAA

State Mandates

CA, MA, NV, NY, TX

PCI DSS

COBIT

Privacy

ISO

ISO 27001

ISO 27002

ISO 27799

NIST SP 800-53

CMS IS ARS

MARS-E

IRS Pub 1075

FedRAMP

FTC Red Flags

r2

HITRUST<sup>®</sup>

CERTIFIED

HITRUST AI Risk Requirements

1

Information Protection Program

6

1

Vulnerability Management

7

1

Business Continuity & Disaster Recovery

16

17

Risk Management

37

AI Risk Requirement Statements

Assessment Domains

AI

Total # of Requirement Statements

45

AI Risk

Flexible

HITRUST r2

HITRUST AI Cybersecurity Requirements

3

Data Protection & Privacy

19

3

Risk Management

17

1

Business Continuity & Disaster Recovery

16

1

Incident Management

15

3

Third Party Assurance

14

1

Education, Training and Awareness

13

1

Information Protection Program

2

6

Configuration Management

6

7

Vulnerability Management

11

9

Transmission Protection

1

11

Access Control

5

12

Audit Logging & Monitoring

4

AI Risk Requirement Statements

41

HITRUST's AI Assurance program provides certification and an insight report, integrating AI frameworks into MyCSF to streamline assessments and enhance security.

## **IRON** medical systems™

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As the largest IaaS provider to the radiation oncology sector, IMS has always prioritized privacy and protection. Our first HITRUST experience left us unprepared, but ecfirst completely changed that. Their transparency, advocacy, and expertise have been invaluable—helping us renew certification, strengthen processes, and become a better company. We look forward to continuing our partnership with ecfirst as we build on HITRUST as the foundation of our risk management framework.

”

## **P3** Health Partners People. Passion. Purpose.

“

Working with ecfirst has been invaluable to P3. Their expertise and structured approach made our HITRUST certification seamless, strengthening our security posture and IT resilience. Highly recommend.

”

## **GALEN DATA**

“

Thanks again for your hard work, advice and support throughout the HITRUST engagement. I want to reiterate that I truly appreciate the level of service the **ecfirst** Team provides. **I would not want to go through HITRUST with anyone else.**

”



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